



Products such as carrots, chayote, cabbage, and squash are a small sample of the freshness and flavor of the vegetables produced in Costa Rica. An enviable geographical location and a wide variety of microclimates allow a large export offer, supported by fair and sustainable agricultural production.





Vegetables represent \$ 157.4 millions dollars in total exports, and more than half of these products were destined for the United States.



Vegetables grown in Costa Rica travel to numerous destinations to be served and enjoyed throughout North America, Europe and the Caribbean, as a source of antioxidants, fiber and vitamins for a healthy life.









Why buy from Costa Rica?

In addition to presenting quality, innovation, and diversity to the world, our offer is backed by the **best foreign trade promoter in the world, PROCOMER.** We are the institution responsible for promoting the export of Costa Rican goods and services worldwide. In addition, we simplify and facilitate export procedures to meet the demands of international buyers with the extensive and diverse Costa Rican offer through long-lasting business relationships.

Certifications

The taste of our vegetables goes together with certifications that attest to their quality; among them are:









COSTA RICA, YOUR BUSINESS ALLY!

USD \$43.5 MILLION
EXPORT OF VEGETABLES IN 2019 SOURCE: PROCOMER

MAIN EXPORT DESTINATIONS FOR VEGETABLES, COSTA RICA, 2019

